

1: CHOOSE A SEASONAL BOWL

→ ALL GLUTEN-FREE + WE CAN MAKE ANYTHING VEGAN!

FAMILY OWNED SINCE 1992
OUR KITCHEN IS 80% ORGANIC + HYPER LOCAL

\$9.60 **daily special**
always our best seller! always hearty and healthy! order it online and skip the wait

\$8.25 **ginger peanut | hearty, warming, high protein. get it as a salad for something lighter**
warm ginger peanut sauce over spinach + kale + organic shredded veggies +
topped with: peanuts + coconut flakes + fresh cilantro - GF, V, SF (326 calories)

\$9.25 **hippy curry | warming, nutrient-dense, easily digested.**
warm savory curry with sweet potato + cauliflower + zucchini + carrots + spinach + kale +
topped with: coconut flakes + omega seeds + spicy mama lil's peppers
GF, SF, V, keto, AIP (340 calories)

\$9.25 **baja cali | high protein, vitamin C, fiber. can be made vegan!**
crunchy roma + organic chipotle black beans + local cheddar + smokey plantains + avocado +
cilantro + pickled onion + fresh salsa + tomatoes + cucumber + mama lil's peppers +
tossed in: avocado lime cilantro aioli - GF, VG, SF (300 calories)

\$9.95 **rainbow cobb | nutrient-dense, high protein. can be made vegan!**
avocado + turkey bacon + organic egg + local cheddar + bell pepper + radish + sunflower
seeds + smokey plantains + basil + crunchy roma + kale + scallion + cucumbers +
cherry tomato + organic shredded veggies tossed in: smokey vegan ranch dressing
GF, SF, keto (395 calories)

\$8.25 **spartan | high protein + fiber, immune boosting. can be made vegan!**
herby chickpeas + feta + walnuts + fresh basil + mint + bell pepper + crunchy beets chips +
cherry tomato + cucumber + crunchy roma + radish + organic shredded veggies + pickled
onion + mama lil's peppers + tossed in: lemon herb dressing - GF, VG, SF (265 calories)

\$8.25 **lemon flax caesar | high in omegas + fiber, probiotic. can be made vegan!**
shaved parmesan + lemon squeeze + capers + sunflower seeds + cherry tomato + cucumber + crunchy roma + kale + vegan cheezy
sprinkles + organic shredded veggies + tossed in: vegan lemon flax caesar dressing - GF, VG, SF (285 calories)

\$6.60 **mini bowl | perfect for the not-too-hungry**
pick any of the above options - no substitutions, not tossed, no sides and additional protein not included

2: CUSTOMIZE BASE

grains:

- gluten-free, organic grain of the day

greens + paleo:

- sweet potato + cauli + zucchini
- crunchy roma
- kale
- spinach

3: + PROTEIN

plant-based options:

- local, organic baked tofu +2.5
- gluten-free, vegan falafel +2.5
- herby organic chickpeas +1.5
- organic chipotle black beans +1.5
- avocado +2

animal-based options:

- hormone/antibiotic-free shredded chicken +2.75
- turkey bacon +2.75
- organic egg +1.75
- seasonal protein +2.75

add a SCOOP OF SUPERKRAUT on the house!



MEAL DEAL COMBOS

\$16.5 any bowl + any drink

\$14.75 any \$8.25 bowl + small juice

\$13.5 mini bowl + any \$8.10 smoothie

*protein extra on combos

CYO BOWL \$8.25+

comes with organic shredded veggies, tomatoes & cucumbers

1. base

grains:

- gluten-free, organic grain of the day

greens + paleo:

- sweet potato + cauli + zucchini
- crunchy roma
- kale
- spinach

+ protein

plant-based options:

- local, organic baked tofu +2.5
- gluten-free, vegan falafel +2.5
- herby organic chickpeas +1.5
- organic chipotle black beans +1.5
- avocado +2

2. add-ons up to 3 + each add-on over 3 +.5

- crunchy peanuts
- coconut flakes
- almonds
- walnuts
- omega seeds
- sunflower seeds
- tamari crisps
- beet chips
- smokey plantains
- mama lil's peppers
- red bell pepper
- radish
- scallion
- celery
- cilantro
- basil
- pickled onions
- feta
- local cheddar
- shaved parmesan
- vegan cheezy sprinkles
- superkraut
- golden raisins
- mint

animal-based options:

- hormone/antibiotic-free shredded chicken +2.75
- turkey bacon +2.75
- organic egg +1.75
- seasonal protein +2.75

ALL OF OUR DRESSINGS ARE VEGAN,
GLUTEN-FREE + MADE IN-HOUSE!

3. dressing

- warm ginger peanut sauce
- warm coconut curry sauce
- avocado lime cilantro aioli
- fresh salsa
- smokey vegan ranch
- lemon flax caesar dressing
- lemon herb dressing
- olive oil and lemon
- coconut aminos
- seasonal dressing:



SKIP THE LINE
ORDER ONLINE
WWW.THEJUICYCAFE.COM

FRESH JUICE \$7.10 SM / \$8.10 REG

green religion | folate, alkalizing, energizing

lemon + ginger + spinach + kale + cucumber + celery + parsley
(70 calories)

immortal | mega daily reset \$8.10 / \$9.10

pineapple + chia seeds + cucumber + celery + parsley +
ginger + turmeric + spinach + MCT oil (285 calories)

lucky 10 | antiviral, rejuvenator \$8.10 / \$9.10

beet + lemon + ginger + spinach + kale + carrots +
celery + cucumber + apple + turmeric (265 calories)

illuminate | antiviral, cold + flu buster, vitamin C

lemon + ginger + turmeric + pineapple + apple + cayenne
(240 calories)

life cleanser | energizer, vitamin dense

lemon + ginger + apple + mint + spinach + kale + celery + cucumber
(172 calories)

high C | refresh, revitalize, antiox, vitamin C

pineapple + carrot + lemon + turmeric + bell pepper
(192 calories)

pineapple immunity | antioxidants, recovery

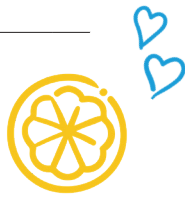
pineapple + ginger + spinach + apple + cucumber
(228 calories)

gut healer | digestion, energy

celery + ginger + lemon + pineapple (198 calories)

sweet glow | digestion, refresh

lemon + apple + pineapple + mint + cucumber (250 calories)



+ CUSTOMIZE YOUR DRINK

mylk: unsweetened almond,
coconut, oat
extra greens +.50
hemp/whey/pea proteins +1.25
avocado +2
raw peanut butter +1.25
raw almond butter +2

MAKE it LOWER CAL: sub CAULIFLOWER FOR banana
MAKE it HIGHER in GLUT-LOVING RESISTANT STARCH: add the PEE!

QUAD SHOTS \$6 (4oz)

antiviral turmeric + lemon +
ginger + pineapple

flu shot 2x ginger +
2x lemon + cayenne

endurance beet + lemon + ginger

digestion apple cider
vinegar + apple + lemon

SMOOTHIES \$8.15 REG

green glow | power fiber meal, good fats

strawberry + banana + almond butter + spinach +
apple juice + ground flax + coconut oil (354 calories) \$9.10

adrenal love | low sugar, adrenal support

mango + spinach + kale + avocado + lemon + ginger +
celery + cucumber (325 calories) \$9.10

lowry's ironman | meal replacement, protein

strawberry + blueberry + banana with peel + almond butter +
kale + chia seeds + unsweetened almond mylk (432 calories) \$9.10

green monster | immune booster, vitamin C+K

mango + banana + spinach + kale + almonds + unsweetened
almond milk (372 calories)

cloud 9 | low sugar, allergy-friendly, high fiber

blueberry + avocado + chia seeds + spinach + kale +
coconut h2o (290 calories)

malibu sunset | immune booster, high vitamin C

strawberry + lime + apple + mint + coconut h2o (295 calories)

fast abby | hydration, vitamin C+K

mango + spinach + lime + apple + cucumber + coconut h2o +
banana (305 calories)

bahama mama | pre/post workout booster

mango + banana + pineapple + coconut h2o (295 calories)

pb+j | high protein, meal replacer

strawberry + blueberry + banana + raw pb + unsweetened almond milk
sub almond butter +1 (395 calories)

malted coffee nutter | energy boost, good carbs + fats

raw PB + banana + cacao powder + coffee + macca + frozen
cauliflower (you won't taste it!) + honey + unsweetened almond milk
(382 calories)

SMOOTHIE BOWLS

jc classic \$10.10 / \$12.10

strawberry + blueberry + banana + mango + unsweetened
almond milk + **toppings:** gluten-free/vegan granola +
banana slices + berries + coconut flakes + raw honey drizzle

pb+j \$10.10 / \$12.10

strawberry + blueberry + banana + raw pb + unsweetened
almond milk + **toppings:** gluten-free/vegan granola +
banana slices + raw pb + raw honey drizzle

green machine \$11.10 / \$13.10

mango + banana + spinach + kale + almonds + unsweetened
almond milk + **toppings:** gluten-free/vegan granola +
banana slices + almond butter + almonds + raw honey drizzle

CYO DRINK SM: \$7.10+ | REG: \$8.10+

*smoothies reg size only

choose a base + 3 add-ons

- 1. base**
- unsweetened almond milk
 - oat milk
 - coconut milk
 - cucumber
 - apple
 - carrot

2. add-ons (up to 3)

- lemon
 - ginger
 - lime
 - beet
 - spinach
 - kale
 - apple
 - cucumber
 - carrot
 - celery
 - pineapple
 - orange
 - strawberry
 - blueberry
 - mango
 - turmeric
 - mint
 - banana
 - cauliflower
- each add-on over 3 +.5

+ extras

- raw pb +2
- almond butter +2
- avocado +2
- whey +1.25
- vegan pea protein +1.25
- vegan hemp protein +1.25
- MCT oil +.5
- coconut oil +.5
- collagen +.5
- cacao +.5
- ashwagandha +.5
- coffee +.5
- raw honey +.5
- flax +.5
- chia seeds +.5
- L.glutamine +.5
- spirulina +.5
- macca +.5

Free add-ons:

- cinnamon
- cayenne
- turmeric